

SPEEDOMEETING 2026: Session: 1: COACH evaluation sheet for TEAM: OZEKA

Coachinfo: Warming up from: 17:00 untill 17:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Devriese Boris

Coaches: Wielfaert Wout

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M FREESTYLE MEN 11+			Heat:1, starttime: 18:00
Heat: 1/16 Lane : 3 Athlete: VANDENABEELE ACHILLES			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 1: 50M FREESTYLE MEN 11+			Heat:2, starttime: 18:00
Heat: 2/16 Lane : 8 Athlete: VAN NIEUWENHUYZE LUKAS			Q-time: 99:99:99
PB (50m pool): 00:32.90 Antwerpen 15/03/2026			PB (25m pool): 00:31.78 SB: 00:32.90 Antwerpen 15/03/2026
	5 0 M		
PB	00:32.90		
	00:32.90		
			

Coach feedback:

Event number: 1: 50M FREESTYLE MEN 11+			Heat:3, starttime: 18:05
Heat: 3/16 Lane : 1 Athlete: VAN LIERDE DAAN			Q-time: 00:38:19
PB (50m pool): 00:38.19 MOUSCRON 29/05/2025			PB (25m pool): 00:35.67 SB: no time
	5 0 M		
PB	00:38.19		
	00:38.19		
			

Coach feedback:

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Event number: 1: 50M FREESTYLE MEN 11+			Heat:3, starttime: 18:05
Heat: 3/16 Lane : 2 Athlete: CARLIER REMI			Q-time: 00:36:86
PB (50m pool): 00:36.86 MOUSCRON 29/05/2025			PB (25m pool): 00:37.91 SB: no time
	5 0 M		
PB	00:36.86		
	00:36.86		
			

Coach feedback:

Event number: 1: 50M FREESTYLE MEN 11+			Heat:14, starttime: 18:15
Heat: 14/16 Lane : 0 Athlete: VAN UYTVEN ROBBE			Q-time: 00:26:02
PB (50m pool): 00:25.80 Antwerpen 21/04/2024			PB (25m pool): 00:25.10 SB: no time
	5 0 M		
PB	00:25.80		
	00:25.80		
			

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 18:20
Heat: 3/15 Lane : 9 Athlete: DE KETELAERE FEBE			Q-time: 00:39:20
PB (50m pool): 00:39.20 Gent 08/02/2026			PB (25m pool): no time SB: 00:39.20 Gent 08/02/2026
	5 0 M		
PB	00:39.20		
	00:39.20		
			

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 18:25
Heat: 6/15 Lane : 4 Athlete: VAN LIERDE ROOS			Q-time: 00:33:67
PB (50m pool): 00:33.67 Gent 08/02/2026			PB (25m pool): 00:33.81 SB: 00:33.67 Gent 08/02/2026
	5 0 M		
PB	00:33.67		
	00:33.67		
			

Coach feedback:

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Event number: 2: 50M FREESTYLE WOMEN 11+			Heat:10, starttime: 18:25
Heat: 10/15 Lane : 5 Athlete: CARLIER ALICE			Q-time: 00:30:64
PB (50m pool): 00:30.64 Antwerpen 13/07/2025			PB (25m pool): 00:30.51 SB: no time
	5 0 M		
PB	00:30.64		
	00:30.64		
			

Coach feedback:

Event number: 2: 50M FREESTYLE WOMEN 11+			Heat:15, starttime: 18:30
Heat: 15/15 Lane : 8 Athlete: STERKEN NINA			Q-time: 00:28:94
PB (50m pool): 00:28.94 Gent 08/02/2026			PB (25m pool): 00:28.81 SB: 00:28.94 Gent 08/02/2026
	5 0 M		
PB	00:28.94		
	00:28.94		
			

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+			Heat:5, starttime: 18:40
Heat: 5/11 Lane : 4 Athlete: BOONEN KAREL			Q-time: 00:36:26
PB (50m pool): 00:35.83 Antwerpen 15/03/2026			PB (25m pool): 00:35.87 SB: 00:35.83 Antwerpen 15/03/2026
	5 0 M		
PB	00:35.83		
	00:35.83		
			

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+			Heat:5, starttime: 18:40
Heat: 5/11 Lane : 8 Athlete: VAN BRAECKEL SEPPE			Q-time: 00:37:51
PB (50m pool): 00:36.94 Antwerpen 15/03/2026			PB (25m pool): 00:36.16 SB: 00:36.94 Antwerpen 15/03/2026
	5 0 M		
PB	00:36.94		
	00:36.94		
			

Coach feedback:

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Event number: 3: 50M BACKSTROKE MEN 11+						Heat:8, starttime: 18:40	
Heat: 8/11 Lane : 2 Athlete: VAN UYTVEN ROBBE						Q-time: 00:31:94	
PB (50m pool): 00:31.94 La Louvière 25/05/2025						PB (25m pool): 00:30.41 SB: no time	
	5 0 M						
PB	00:31.94						
	00:31.94						
							

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+						Heat:5, starttime: 18:50	
Heat: 5/10 Lane : 4 Athlete: CARLIER ALICE					Q-time: 00:37:60		
PB (50m pool): 00:37.60 MOUSCRON 29/05/2025						PB (25m pool): 00:36.08 SB: 00:37.75 Gent 08/02/2026	
	5 0 M						
PB	00:37.60						
	00:37.60						
							

Coach feedback:

Event number: 4: 50M BACKSTROKE WOMEN 11+						Heat:10, starttime: 18:55	
Heat: 10/10 Lane : 0 Athlete: STERKEN NINA					Q-time: 00:34:39		
PB (50m pool): 00:34.39 La Louvière 25/05/2025				PB (25m pool): 00:33.36 SB: 00:34.73 Lochristi 01/02/2026			
	5 0 M						
PB	00:34.39						
	00:34.39						
							

Coach feedback:

Event number: 5: 50M BUTTERFLY MEN 11+						Heat:4, starttime: 19:20	
Heat: 4/11 Lane : 6 Athlete: BOONEN KAREL						Q-time: 00:34:38	
PB (50m pool): 00:34.33 Antwerpen 15/03/2026						PB (25m pool): 00:35.18 SB: 00:34.33 Antwerpen 15/03/2026	
	5 0 M						
PB	00:34.33						
	00:34.33						
							

Coach feedback:

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Event number: 6: 50M BUTTERFLY WOMEN 11+						Heat:5, starttime: 19:30	
Heat: 5/12 Lane : 6 Athlete: VAN LIERDE ROOS					Q-time: 00:37:68		
PB (50m pool): 00:36.65 Antwerpen 15/03/2026			PB (25m pool): 00:37.33 SB: 00:36.65 Antwerpen 15/03/2026				
	5 0 M						
PB	00:36.65						
	00:36.65						
							

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+						Heat:10, starttime: 19:35	
Heat: 10/12 Lane : 0 Athlete: STERKEN NINA					Q-time: 00:31:95		
PB (50m pool): 00:31.95 Antwerpen 13/07/2025				PB (25m pool): 00:31.15 SB: 00:32.10 Gent 08/02/2026			
	5 0 M						
PB	00:31.95						
	00:31.95						
							

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+						Heat:1, starttime: 19:40	
Heat: 1/9 Lane : 1 Athlete: CARLIER REMI						Q-time: 99:99:99	
PB (50m pool): 00:56.30 Aalst 30/04/2023						PB (25m pool): 00:53.55 SB: no time	
	5 0 M						
PB	00:56.30						
	00:56.30						
							

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+					Heat:1, starttime: 19:40	
Heat: 1/9 Lane : 3 Athlete: VAN LIERDE DAAN					Q-time: 00:56:89	
PB (50m pool): 00:56.89 MOUSCRON 29/05/2025					PB (25m pool): 00:52.66 SB: no time	
	5 0 M					
PB	00:56.89					
	00:56.89					
						

Coach feedback:

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Event number: 7: 50M BREASTSTROKE MEN 11+						Heat:3, starttime: 19:45	
Heat: 3/9 Lane : 3 Athlete: VAN NIEUWENHUYZE LUKAS					Q-time: 00:44:59		
PB (50m pool): 00:43.22 Antwerpen 15/03/2026				PB (25m pool): 00:45.33 SB: 00:43.22 Antwerpen 15/03/2026			
	5 0 M						
PB	00:43.22						
	00:43.22						
							

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+						Heat:3, starttime: 19:45	
Heat: 3/9 Lane : 7 Athlete: VAN BRAECKEL SEPPE						Q-time: 00:45:14	
PB (50m pool): 00:44.49 Antwerpen 15/03/2026				PB (25m pool): 00:45.24 SB: 00:44.49 Antwerpen 15/03/2026			
	5 0 M						
PB	00:44.49						
	00:44.49						
							

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+					Heat:5, starttime: 19:45	
Heat: 5/9 Lane : 7 Athlete: VANDENABEELE ACHILLES					Q-time: 00:38:55	
PB (50m pool): 00:38.55 Antwerpen 13/07/2025					PB (25m pool): 00:39.44 SB: no time	
	5 0 M					
PB	00:38.55					
	00:38.55					
						

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+						Heat:3, starttime: 19:55	
Heat: 3/10 Lane : 6 Athlete: DE KETELAERE FEBE						Q-time: 00:51:14	
PB (50m pool): 00:50.58 Antwerpen 15/03/2026						PB (25m pool): 00:52.07 SB: 00:50.58 Antwerpen 15/03/2026	
	5 0 M						
PB	00:50.58						
	00:50.58						
							

Coach feedback: